

# Growing up

# GRAMMAR

# **Past Simple**

	Verb to be	Regular and irregular verbs*
Affirmative	I/He/She/It was late. We/You/They were happy.	I/You/He/She/It/We/They smiled. (R) I/You/He/She/It/We/They went out. (IRR)
Negative	I/He/She/It was not (wasn't) late. We/You/They were not (weren't) happy.	I/You/He/She/It/We/They didn't smile. I/You/He/She/It/We/They didn't go out.
Questions	Was I/he/she/it late? Were we/you/they late?	Did I/you/he/she/it/we/they smile? Did I/you/he/she/it/we/they go out?
Short answers	Yes, I/he/she/it was. No, I/he/she/it wasn't. Yes, we/you/they were. No, we/you/they weren't.	Yes, I/you/he/she/it/we/they did. No, I/you/he/she/it/we/they didn't.
	T. Lake	*The Past Simple form is the same for all persons

We use the Past Simple to talk about things which started and finished in the past, including:

- single events: I started school in 1993.
- regular events: I walked to school every day.
- past states: I didn't understand my teacher.
- telling stories: I heard a loud noise and I got up.

We can add time expressions like yesterday, yesterday morning/afternoon/evening, last night/year/week/Saturday, when I was five, ten years ago.

# Past Simple Wh- questions

Where were you yesterday?
When did he leave school?
Why did they get bad marks?

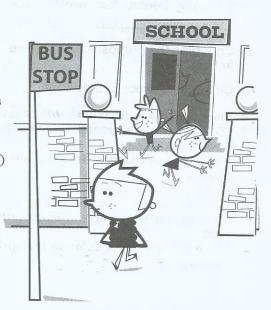
# Spelling for regular verbs

- For most verbs, add ed: I walk → walked
- After -e, add d: we decide → we decided
- After a single stressed vowel and a single consonant, double the consonant and add ed: they stop → they stopped
- After -y, change y to i, add ed: you study → you studied
- In British English, after an unstressed vowel + -/, double the / and add ed: I travel → I travelled
- In American English: I travel → I traveled

To spell the past tense of irregular verbs you have to learn each new one by heart. Sorry! There is a list on page 139 in your Student's Book.

# Complete the text with the Past Simple form of the verbs in brackets.

My young cousin, Ben, 1\_started\_ (start) school last year. There 2\_\_\_\_\_ (be) fifteen children in his class. In the first lesson the teacher <sup>3</sup>\_\_\_\_\_ (read) a story. Then the children 4\_\_\_\_\_ (look) at some pictures and 5\_\_\_\_\_ (write) the alphabet. After the lesson the children 6\_\_\_\_\_ (go) into the playground. They 7\_\_\_\_\_ (wear) their coats because it was cold. My cousin <sup>8</sup>\_\_\_\_\_ (think) it <sup>9</sup>\_\_\_\_\_ (be) home time. He 10\_\_\_\_\_ (walk) out of the playground and 11\_\_\_\_\_ (look) for his mum. My aunt 12\_\_\_\_\_ (not be) there, so he <sup>13</sup>\_\_\_\_\_ (sit) on the grass and <sup>14</sup>\_\_\_\_\_ (wait) for a bus. Luckily he 15\_\_\_\_\_ (not have) any money and the bus driver 16\_\_\_\_\_ (take) him back to school. That evening his parents asked him, '17\_\_\_\_\_\_you (leave) the playground this morning? 'Yes, I <sup>18</sup>\_\_\_\_\_ (do). How do you know?' 'Your teacher <sup>19</sup>\_\_\_\_\_ (phone) us!'



2	Put the words in the correct order to make Past Simple questions.		er the questions. Ose different time
	live with?/did Harry Potter/Who	1 When	did you start learning English?
- 1	live with:/did flarry 1 otter/ wito		ted in 2003.
	write/Did/the Harry Potter books?/Agatha	2 When	did you last go on holiday?
2	Christie		in
	Citibute	The state of the s	did you last read a newspaper?
0	film?/the first/was/Harry Potter/When		on ·
3	mim://the mst/was/narry 1 otter/ when		did you last clean your bedroom?
4	did/live?/Oliver Twist/Where		on
	TANK TANK TANK TANK TANK TANK TANK TANK		did you last go to a friend's house?
5	did/write Oliver Twist?/Charles Dickens/When		on
	and Change and Mitthe photon of the		did you start this exercise?
6	his/live/Oliver Twist/family?/Did/with		<u> </u>
		7 What	time did you get up this morning?
- Ol	Match the questions in Exercise 2 with the short	I	at
0,0	answers. There is one extra answer.	8 Comp	plete the student reporter's questions.
а	No, he didn't. e in London	8 00111	note the statement operating
	in the 1830s f in 2001		
	Yes, they did. g his aunt, uncle		May 1 Tan St 181 4
	No, she didn't. and cousin		species with the species of the spec
u	The same of the sa		. (Jours and 2 / Jan
4	Use the prompts to write Past Simple sentences.		
1	I/go/cinema on Friday.	- 40	T THE TAKE
	I went to the cinema on Friday.		
2	They/see/their friends at the weekend.		
rac	A SERVICE TO A SERVICE TO THE PART OF THE PROPERTY AND A SERVICE TO THE PART OF THE PART O		
3	She/speak/her friend at eight o'clock last night.	0.00.00	LOPIS WOOD IN IN SOME SHOOL
	He/start/learning the guitar in July.	Paula	Hi, I'm Paula. Do you mind if I ask you
-	Tie/start/learning title Sulton in out,		some questions for our class magazine?
	The May		No, I don't mind. OK, first question: 1
Ę	They/have/a party on 5th May.		
		Charlie Paula	My name's Charlie Hopper. Hi Charlie, I'm Paula. Now next question
(	Last year we/go/holiday in the autumn.	raula	2
		Obserlie	My last school was in Cambridge.
7	7 Yesterday I/do/my homework in the morning.		
	and the second s	Paula	The state of the s
5	Underline the prepositions and time expressions		Yes, I did. I liked it very much.
639	in Exercise 4.	Paula	4
		Charlie	I left in July after my exams.
6		Paula	5
	<ul> <li>They went to a disco on/at/in Saturday.</li> <li>Did you see your grandparents on/at/in the</li> </ul>	Charlie	My family moved here because my moth had a new job.
	weekend?	Paula	Tell me a bit about your old school.
	3 We met at/on/in eight o'clock outside the	T COURT	6
	cinema.	Observice	We studied the usual subjects — maths,
	4 I learned to ski at/in/on 2001.	Charile	English, French.
	5 We did a test at/in/on the morning.	Doulo	7 Mark Mark Mark Mark Mark Mark Mark Mark
	6 I had my birthday party at/in/on 17th June last	Paula	No, they weren't strict — but they were
	year. 7 I love going walking <i>in/at/on</i> the spring and	Charlie	• • • • • • • • • • • • • • • • • • • •
	summer.	Paula	
			girlfriend?
		Charlie	No, I haven't, but I'm looking for one.

ADING
Look at the pictures below. Match the people with their jobs.  film star singer
Charlotte Church is a
Shirley Temple was a
Read and match the photos (A-D) with the exts.
Text 1 Text 2 Text 2

- 11 Complete the questions. Which person, Charlotte Church (CC) or Shirley Temple (ST): 1 started her career when she was twelve? 2 left her first career when she was twelve? 3 changed to a different career? 4 was a singer when she was a teenager? 5 goes to lots of parties, nightclubs and restaurants? 6 entertained a US president? 7 worked for the US government? 12 Match the underlined words and phrases in the texts to their meanings. 1 \_: going to clubs, bars, restaurants and theatres and enjoying yourself : the entertainment industry (e.g. TV, films) \_\_: films 4 \_\_\_\_\_: the people who make films or TV shows \_: a person who represents their country in another country
- The singer Charlotte Church was born in Cardiff, Wales in 1986. In 1998 Charlotte introduced her aunt on TV's Big Big Talent Show, but the programme's producers asked the young girl to sing too. A show business manager heard her and got her a recording contract with Sony. Her career started with a CD of classical songs, Voice of an Angel, and she quickly became world-famous. She toured the world with her mother and she sang for world leaders including President Clinton and the Pope. Now she is a pop singer and there are often photographs in the newspapers of her out on the town. She is a lively young woman and despite her fame (and selling more than ten million records!), she doesn't seem arrogant.
- In the 1930s the world's most famous child film star was Shirley Temple. She started work when she was only three years old and made more than forty films before she was twelve. When she became a teenager, her career in movies was over. As an adult she married, had children and worked in public service. In 1967 she tried unsuccessfully to win a seat in the US House of Representatives. However, she then had several jobs representing the US government and she was ambassador to the United Nations, Ghana and Czechoslovakia. Later she said, 'That was the best job I had.'

# Used to

	Affirmative	Negative	
I/You/He/She/ It/We/They	used to ride a bike to school.	didn't use to ride a bike to school.	

We use *used to* to talk about habits and states in the past which are now finished. For example,

- I used to read children's comics. (Now, I read newspapers.)
- I used to hate spinach. (Now, I like it.)

# Wh-questions

Where did they use to play?
What did you use to do?
How did he use to get to school?

Yes	No questions	tion stor suggest
Did	I/you/he/she/ it/we/they	use to ride a bike to school?
Sho	rt answers	J Pasw Chipre
Yes,	I/you/he/she/it/v /vou/he/she/it/w	ve/they did.

gloose and guided awolad court by

# Mind the trap!

Don't confuse used to for habits in the past with the regular verb to use.

She used to write with a red pen.

She used a red pen to mark my homework.

- 13 Look at the pictures of Maria. Use the prompts to write sentences with used to and didn't use to.
  - 1 have/long hair
    She used to have long hair.
  - 2 go/cheap cafés
  - 3 wear/expensive clothes
  - 4 go out with/rich boyfriend
  - 5 drive/old car
  - 6 wear/casual clothes





- 14 Write more questions to ask Maria.
- 1 Did you use to have a good job?
  Yes, I did. I was a lawyer in a big company.
- Yes, I did. I used to earn €150,000 a year.
- 3 Did \_\_\_\_\_\_\_. Yes, I did. I always ate in different restaurants.
- Yes, I did. I always ate in different restaurants.

  4 Did \_\_\_\_\_\_
- No, I didn't. I'm happier now.
- 15 Use the prompts in brackets to complete the sentences.
  - 1 I <u>didn't use to eat</u> cheese, but now I <u>love</u> it. (not eat/love)
  - 2 We \_\_\_\_\_ with my dad's parents, but now we \_\_\_\_\_ our own home. (live/have)
  - 3 My sister and I \_\_\_\_\_\_ each other, but now we \_\_\_\_\_ good friends. (not like/be)
  - 4 Now I \_\_\_\_\_ good at English, but I \_\_\_\_ very bad at it. (be/be)
- 16 Translate the sentences. Which ones are about habits in the past?
- 1 I used an English dictionary when I wrote my essay.
- 2 When I started French lessons, I used to check every word in a dictionary.
- 3 We didn't use to have a computer in each
- 4 I didn't use your notes to finish my homework.

# **WORD LIST**

amazed/amazing annoyed/annoying aquarium arrive late astronomy ballet lessons bell best friend bored/boring borrow cartoon cause check (your) email clap classmate classroom clever cloakroom crayons creative crime novel delicious disability disappointed/disappointing discover drop out (of school) dyslexia/dyslexic education effect embarrassed/embarrassing

essay excited/exciting experts fascinated/fascinating form tutor frightened/frightening genetic genius get good/bad marks ghost grown up have a routine have (sth) in common hidden talent history house-warming party huge imagination impressionist intelligent interested/interesting invention inventor keep a diary kids laugh at laugh out loud lawyer leaf (pl leaves) learn by heart/memorise

leave school listen to lunch break make friends maths mention monster nervous noisy painting pass/fail an exam phonograph play an instrument play truant playground pocket money primary school promise record player register reunion (party) ring (v) satisfied/satisfying scared school bus school uniform schooldays secondary school shape side

sing songs sit cross-legged smell (n) soap sound (n) spell start school statistically strict study (n) study (a subject) at university study for exams successful surprised/surprising take the lift talented taste (n) term terrified/terrifying test textbook theory of relativity timetable tired/tiring toy university course unpleasant wear lipstick

# **SPEAKING**

17 Complete the conversations.



1	A	Can I sit here?	
	В	Sorry, ywith a friend.	c — I'm travelling
2	A	Ii	OK if I open the window?
		S, no p	
3		D y	m if I use omised to phone my dad.
	В	N, p	
18	R	ead the situations	and complete the

18	Read the situations and complete the	
	conversations with the phrases from Exercise	17.
1	You want to share a table in a café.	

A				_
В	Sure.	no	problem	

	You want to use a friend's bicycle.  A	?
	B No, I don't mind.	
3	You want to borrow a pen from your teach A	ner.
	B I'm afraid not, I haven't got a spare one.	Ne T
*1	Read the instructions and write the conversations.	
1	A (ask if you can park your car) B (say no and give a reason)	
	A Is it OK if I park here?	?
	B I'm afraid not. It's not allowed.	
2	A (ask to use B's mobile phone) B (say no and give a reason)	
	A The series of the same of the series of th	?
	B	
3	A (ask if you can borrow B's laptop) B (say yes)	
	Α	?
	В	
4	A (ask B if you can turn the radio off)  B (say no and give a reason)	
	A Third and the sport of the second	?
	B	100

# **VOCABULARY**

25 Complete the sentences with adjectives ending with -ed or -ing. 20 Complete with the words from the Word List. 1 I was very disappointed when I failed my driving Thing Person 1 astronomy astronomer 2 I hope my aunt doesn't bring her a\_\_\_ impressionist children with her. I really don't like them! educator 3 We haven't got any homework tonight. I'm historian 5 law 4 It's s\_\_\_\_\_ that the whole class passed 6 invent the exam. mathematician 5 He listened carefully because he was painter i\_\_\_\_\_ in what she said. 21 Look at the pairs of words above and circle 6 My brother's buying an e\_\_\_\_\_ suffixes denoting persons. computer game next weekend. astronomer 7 Our hotel was d\_\_\_\_\_ — it was next to 22 Complete the sentences with the words from a busy road and a long way from the beach. Exercise 20. 8 The children are e\_\_\_\_\_ about the party. 1 Einstein was a mathematician . **9** We were all s\_\_\_\_\_ when we won the 2 Copernicus studied \_\_\_\_\_\_. competition. 3 I never listened in \_\_\_\_\_ lessons, so I 10 I couldn't stop reading this book — it's very know nothing about Europe in the 19th century. 4 Murder is a \_\_\_\_\_ in all cultures. **Extend your vocabulary** 5 George Stephenson was the \_\_\_\_\_ of the steam engine. 26 When you learn a new noun, learn the verb(s) 6 The \_\_\_\_\_ Dr David Starkey presented that is usually used with it. A good dictionary The Six Wives of Henry VIII on British TV. will give an example of the correct verb to use. Tick the correct verb, make or do, for each 7 The \_\_\_\_\_ of Venice by J.M. Turner is noun. very famous. make do 23 Match the nouns (1-10) to make compound a course of lessons nouns. Remember, some are one word and a decision some are two. 3 a journey 1 school novel 4 2 record a mistake room book 3 pocket 5 a phone call 4 university - days 6 a reservation 5 play course 7 6 crime dinner money 7 cloak mate 8 homework 8 text ground 9 new friends 9 school uniform player karate 27 Write 5 sentences about yourself using the 24 Complete the dictionary definitions with the word combinations from Exercise 26. compound nouns from Exercise 23. ===: a place in a public building where you leave your coat : a fiction book about criminals and illegal acts : a person who is in the same class as you at school : special clothes worn by carry, are we will the present from Exercise 17. school students 5 Mark of the a ratio of the contract of the contract of \_: a book used by students to study a subject

(6 points)

V	OCABULARY AND GRAMMAR	3	That's your opinion, but I'm afraid I
1	Circle the best word, a, b, c or d, to complete the statements.		with you. Who to? It's
	(5 points)		not mine.
(	She's clever and attractive, but she's so	5	anybody the answer
	about it, nobody likes her.		to this question?
	a confident c jealous	6	I to go for a walk. It's
1	(b) arrogant d exciting  My brother never thinks about other people.	·	too cold.
	He's really a selfish b helpful c shy d sensible	4	Put the verbs into the correct form.
2	I like my young cousins, but they're very		(6 points)
	I get really tired when I look after them.  a rude b friendly c lively d popular		We're <sup>0</sup> going (go) on holiday tomorrow. I  1 (love) the night before a holiday.
3	What a nice, boy. He always says 'please'		We always <sup>2</sup> (stay) up late, packing
	and 'thank you'.  a confident <b>b</b> polite <b>c</b> punctual <b>d</b> helpful		and talking. Tomorrow, we <sup>3</sup> (fly) to
A			Rome at 7 o'clock. It 4 (be) a great
	My uncle always gives us money and nice		holiday — I love Italy. I <sup>5</sup> (not
	presents. He's very  a friendly b proud c lazy d generous		speak) Italian very well, but I <sup>6</sup>
5	My father doesn't like my clothes, my music or		(start) lessons next year.
	my friends, but my mother is more	5	Write a sentence which has the same meaning
	a tolerant c confident b exciting d generous		as the one given, using the word in capitals.  (6 points)
9		0	I played the piano when I was young. PLAY
	Put the words in brackets into the correct form. (7 points)		I used to play the piano when I was young.
0	I always go red when I am <u>embarrassed</u> (embarrass).	1	Every year we went on holiday to France. GO
1	My brother is really (annoy)		
	when he's with his friends.		
2	I was (disappoint) because	2	We were never late for school.
	only three people came to my party.		
3	I don't want to play tennis. It's		
	(bore).	3	I often listened to the radio with my
4	I love going on holiday — packing is really		grandfather. LISTEN
	(excite).		
5	I was (terrify) when the		
0		4	My grandmother always wore a hat
6	lights went out.		on Sundays. WEAR
0	You must read this story. It's (amaze).		
7	Why are you (surprise) that	5	
	you failed? You didn't do any work.		I used to be very shy. WAS
3	Complete the text with the verbs from the box in	100	
	the correct form.	6	I didn't go to school on Saturdays. USE
	agree hate want <del>remember</del> know	7,000	
	understand belong	-10	
	***************************************		
	Look at these old photos. Do you remember		
	this holiday in France?		en de la compaña de la com Por compaña de la compaña d
1	Excuse me. I Could		
	you say it again, please?		
2	I this swimming pool. It's cold and		

dirty!

# SELF-ASSESSMENT TEST 1 UNITS 1-3

# **READING SKILLS**

6 Read the text and circle the correct answers: a, b or c.

(5 points)

- 1 Leicester is ...
  - a the biggest city in England.
  - b the biggest city in the Midlands.
  - c the biggest city in the East Midlands.
- 2 33% of the population are ...
  - a from ethnic minorities.
  - b Asian.
  - c Indian.
- 3 The comedy festival ...
  - a attracts Asian comedians.
  - **b** attracts people from all over the world.
  - c lasts ten days.
- 4 The Diwali festival in Leicester is ...
  - a a Hindu festival.
  - b the biggest festival in England.
  - c a Caribbean festival.
- 5 Belgrave Road is famous for ...
  - a its market.
  - b its shops and restaurants.
  - c its beauty.

# COMMUNICATION

7 Circle the correct words.

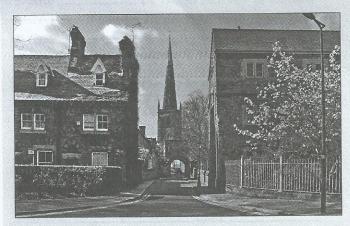
(5 points)

- **0** Could you tell me what time *[our plane is]/is our plane leaving?*
- 1 Could you tell me how can I/I can get to the beach?
- **2** Do you know how much *does the holiday cost/ the holiday costs*?
- 3 I'd like to know how long the journey takes/ does the journey take.
- 4 Could you tell me what are pirogi/pirogi are?
- 5 Do you know who this rucksack belongs/does this rucksack belong to?

Total

/40

# Welcome to Leicester!



Leicester is the biggest city in the East Midlands and the tenth biggest city in England with a population of 280,000. It is a historic city and dates back to Roman times. It is now one of the most multicultural cities in the country with 33% of the population coming from different ethnic minority groups. The biggest group is from India, but there are also Pakistani, Bangladeshi, Caribbean, African and Chinese communities. The Indian population is the biggest of any city in the country.

There is a lot going on in Leicester. Every year there is a ten day comedy festival which attracts up to 50,000 people and features comedians from all over the world. In July there is a 'mela', a festival of Asian music, dance, fashion, food and

crafts. In August there is a Caribbean carnival and in October or November it is Diwali, the Hindu Festival of Light. Leicester's Diwali is the biggest in England. The Diwali lights are switched on in Belgrave Road, one of the most famous roads in Leicester because of its amazing Asian shops and restaurants. You can buy a sari, an Indian dress, jewellery, Asian books and crafts, even Asian greetings cards. Many people come here to buy food in the shops and the smell of spices is beautiful. And, of course, if you want to eat a delicious curry, Belgrave Road is the place to come.

Of course, Leicester also has more traditional shops and restaurants and the best places are Stoneygate, an area of small shops and galleries, and Leicester market which is 700 years old.







# Inspiration

# **GRAMMAR AND SPEAKING**

# **Past Continuous**

	Affirmative	Negative	
I/He/She/It	was working at eight o'clock yesterday.	was not (wasn't) working at eight o'clock yesterday.	
We/You/They	Were working at aight 11	were not (weren't) working at eight o'clock yesterda	
		de la	

# Yes/No questions Was I/he/she/it working at eight o'clock yesterday? Short answers Yes, I//he/she/it was. No, I/he/she/it wasn't. Yes, we/you/they were. No, we/you/they weren't.

# Past Continuous Wh- questions

What was he doing yesterday? Where were you going last night?

We use the Past Continuous to

- talk about things which were happening at or around a fixed time in the past: I was washing my hair at nine o'clock last night.
- talk about temporary things in the past: My grandmother was staying with us last month.
- set the scene in a story or give background information: I was walking along the road ...
- emphasise a continuous activity: It was raining all day yesterday.

# Past Continuous + Past Simple

We often use these two verb tenses together. The Past Continuous tells us the background information and the Past Simple tells us about a shorter action or an interruption:

As I was walking along the street, I saw an old friend. I was reading my book when I heard a knock at the door.

# 1 Circle the correct verbs.

- 1 The German composer Handel lived/
  was living in England when he composed/
  was composing his Water Music.
- 2 The 1950s singer Buddy Holly travelled/ was travelling in a plane when it crashed/ was crashing.
- 3 The singer Hayley Westenra *sang/was singing* in the streets of Christchurch, New Zealand, when she *made/was making* her first record.
- 4 Mick Jagger and Keith Richards of the Rolling Stones met/were meeting in 1961 when they waited/were waiting for a train.
- 5 Mozart composed/was composing music before he was/was being five years old.
- 6 Elvis Presley *did/was doing* national service for the US army in Germany when he *met/was meeting* his wife, Priscilla.
- What do you know about the life of Beethoven, Chopin, George Gershwin? Prepare a talk about one of them.



\*\*3 Complete the text with either the Past Simple or Past Continuous form of the verbs in brackets.



This morning I 1 checked (check) my homework
while I <sup>2</sup> (eat) my breakfast. Then I
walked to the bus stop. While I <sup>3</sup> (wait)
for the bus, I suddenly <sup>4</sup> (remember)
my homework. It was at home in the kitchen! As I
(decide) what to do, the bus
6 (arrive). As I <sup>7</sup> (get on)
the bus, I 8 (get) a text message from
my mum: 'I 9 (find) your homework as
I $^{10}$ (clean) the kitchen. Wait at the bus
stop.' It was too late, I was on the bus.
As I <sup>11</sup> (think) about what to do,
I 12 (see) my mum's car behind the bus.
She <sup>13</sup> (drive) in her pyjamas and
I <sup>14</sup> (be) very embarrassed. At the next
bus stop, she <sup>15</sup> (stop) her car in front
of the bus, got out and got on the bus.
It was terrible! She 16 (walk) towards
me in her pyjamas, so I <sup>17</sup> (close) my
eyes. When I <sup>18</sup> (open) my eyes I
19 (know) it wasn't a nightmare or even
a dream. My mother <sup>20</sup> (stand) on the
bus in her pyjamas and holding my homework!
4 Use the prompts to write the police officer's questions to Leo.
1 What/do/8.30 yesterday?
Officer What were you doing at 8.30 yesterday?
Leo I was waiting for a friend.
2 Where/you?
Officer
Leo I was in a café near the station.

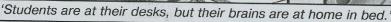
3	Were/sit.	near the window?
	Officer	
		Yes, I was.
4	termination (i	exactly/where/sit
Ţ.	Officer	
	Leo	I was sitting at a small table next to the
		door.
5	What/do	?
	Officer	The state of the s
		I was drinking a cup of coffee and
	44. T. E.	looking for my friend's bus.
6	Did/hear	/a loud bang?
	Officer	
	Leo	No, I didn't.
7	Did/see/a	a man/drive/at high speed?
	Officer	9
	Leo	No, I didn't.
8	Did/see/a	anything unusual?
	Officer .	- Taylor at least to the second
		Well, I saw a woman get onto a school bus in her pyjamas.
	Officer '	Γhat isn't a crime.
5		e the newspaper report with the correct he verbs from the box.
		ive hear look phone sleep
	snow s	top <del>travel</del> wait walk
99999		
W	AIT IN	DARKNESS, THOUSANDS UNDERGROUND, LIGHTS ONDON
		oower cut brought chaos to London.
rn	gmeers w	ere working on an electricity generator

when it exploded.

Several thousand people were travelling home on
the Underground when all the trains $^2$
One commuter told our reporter, 'I 3,
but I woke up because a child was crying. After an
hour the driver said that rescue workers were on
the train and everyone 4 It was
fantastic!'

the train and	everyone 4	It was
fantastic!'		
Things weren	n't much better for	people above
ground. T 5_	for Chr	ristmas presents
when the ligh	hts went out. When	I left the shop, it
6	_, so it was imposs	ible to get a taxi.
I 7	to a bus stop, b	ut hundreds of
people 8	for the bu	s. I <sup>9</sup>
my son for h	elp, but he 10	to
Manchester i	n his car. Luckily a	young woman
11	_ me talking on the	e phone. Her
boyfriend car	ne in their car and t	hey took me home.'





PM

Why are typical teenagers never tired at 11 p.m., but they hate getting up in the morning? Are they lazy? No, the good news is that it's natural.

Everyone has a natural body clock which tells them when to wake up and fall asleep. In teenagers, the chemical that controls sleep, melatonin, is in their brains between 11.00 p.m. and 8.00 a.m. The result is that teenagers don't feel tired late in the evening, but when they get up before 8 a.m., their brain is telling them to sleep. This lack of sleep means they are often unhappy, angry, can't learn and get bad marks.

In the US a lot of high schools start at about 7.30 in the morning. This means the students are at their desks after only five or six hours' sleep. However, they



need 9–10 hours because their bodies and brains are still developing, so they are very tired. <u>Tiredness</u> means 20 percent of high school students fall asleep during their first two hours of school.

Sleep scientists are <u>researching</u> the problem. They say that it is crazy to fight <u>nature</u>, so the only answer is for schools to start later. As one scientist said, 'At 7.30 a.m. students are at their desks, but their brains are at home in bed.' Luckily, some head teachers listened to the new scientific advice and changed their school hours. The results are very interesting: teachers and parents say students <u>behave</u> better, learn more, get better marks and fewer students drop out.

# READING

6	Who says these things? Write parent (P) or teenager (T). What time are they said? Write night (N) or morning (M).		
1	Didn't you hear me? It's time to get up.		
	Go to bed — you've got school tomorrow.		

- 2 Go to bed you've got school tomorrow.

  3 I was having a lovely dream.
- 4 No, I'm not tired. I'm going to watch this film.5 Just five more minutes ... Zzzz Zzzz
- 6 But I'm reading and it's a really exciting
- 7 Look at the pictures and quickly read the article. Choose the best title:
- a How much sleep everyone needs
- b Why teenagers are tired in the morning
- c School times in the USA
- d The effects of sleep on our brains
- 8 Complete the definitions with the <u>underlined</u> words from the article.

1		(n) the feeling that you want
	to sleep	
2		(n) when there is not enough
	of something	
3	-	(v) to do things in a

	particular way				
4		(n) ever	ything in	the	world
	not made or cont	rolled by	people		

5		(v) studying	carefully to	find
	new information			

- 9 Read the questions. Then read the article again and choose the best answers.
- 1 Teenagers are tired in the morning because ... a they are lazy.
  - b they don't want to go to school.
  - c they use computers late at night.
  - **d**) they need more sleep.
- **2** It is difficult for teenagers to get up early because ...
  - a they don't have clocks.
  - b their beds are warm.
  - c their body clocks are different.
  - d they are unhappy.
- 3 Some teenagers are \_\_\_\_\_ because they are tired.
  - a irritableb cheerfulc optimisticd punctual
- 4 US school students \_\_\_\_ start school early.a usually b never c sometimes d always
- 5 Teenagers need a lot of sleep because they ...
  a work hard.
  - a work hard.b go to school early.c study a lot.d are growing.
- **6** \_\_\_\_ US high school students fall asleep at school.
  - a All b Most c Some d A lot of
- 7 Some \_\_\_\_ head teachers changed the school hours.
  - a sensible b tolerant c selfish d optimistic
- 8 The new school hours are ...
  - a successful.
- c mysterious.
- b disappointing.
- d fascinating.

# LISTENING

- 10 Listen to a radio talk. What is its subject? What is the main idea? Suggest your title for the talk.
- 11 Read the questions. Then listen and choose the best answers.



1 This is a radio ... a lesson. c discussion. **b** phone-in. d documentary. 2 The guest talks most about ... a Samuel Taylor Coleridge. b William Wordsworth. c Dorothy Wordsworth. d the Romantic poets. 3 The guest thinks Dorothy Wordsworth was ... c stupid. a boring. **b** fascinating. **d** popular. 4 Dorothy wrote ... a novels. b plays. c diaries. d poetry. 12 Read the sentences and listen again. Tick true and cross false. 1 The guest first read Kubla Khan at X university. 2 He wasn't interested in Dorothy Wordsworth when he was at school. 3 Dorothy left her parents' home when she was twelve years old. 4 Dorothy lived with William when she was a teenager. **5** The diaries are interesting because they are about politics and international news. 6 Dorothy Wordsworth's life was typical for an English woman in the eighteenth and nineteenth centuries.

and fill	in the gaps.
Jonathan	We didn't really know <sup>1</sup>
	We saw that the whole family
	for u
	Then my dad <sup>3</sup> ou
	new colour TV.
Lee	After that I ran home, 4
	my computer and then I started surfing the <sup>5</sup>
	It was an 6 da
Monica	I just couldn't relax because I
Wollica	<sup>7</sup> for my exam result
	Finally, at the end of August it
	s that I had the bes
	results in the class.
	I felt really 9
*15 etc. Fi story a verbal	Il in the gaps. Then listen again to the nd check yourself. Explain the use of forms.
In the sum	mer of 1797 Coleridge <sup>1</sup>
alone arou	nd southwest England.
One evenir	ng he <sup>2</sup> to spend the
night in a l	lonely farmhouse.
He <sup>3</sup> strong med	very well and took som
While he 4	, he had an amazing
When he 5	, he found that he
	remember his fantastic dream.
Coleridge <sup>6</sup>	a pen and some
paper and	
SPEAK	ING AND WRITING
amazin	be a day when something frightening, g or embarrassing happened to you. what you say.  The ber to:
and v	when the story happened, how you felt why it was important. inking words, e.g. then, next, after that,
final • use t	ly. he Past Continuous to say what you
were	doing at the time.
STREET F	n Projection
	All the second s
	and the second

8 William died before Dorothy.

he was famous.

7 Dorothy was jealous of William because

# **WORD LIST**

after that dramatic invent (a story) nineteenth stay up late amount dream investigate century step appear drop IQ test novel story arranged drummer irritated on his own stranger asleep event irritating operatic stressed at least exotic keep on piano the Moon atom fall (night) knock piano keys then author fall asleep laboratory playful thought best/worst famous for last summer/in ... poem tidy up biography farmhouse later poet title blind field learn by heart poetry try brain finally literature publish catchy turn out find out look into realise unforgettable characters first of all lucky/unlucky revise violin chemical structure fly (n) make a mistake rhapsody vision chemist gravitation masterpiece Romantic wheel circle guitarist medicine scientific classic (adj) whistle have a bath/ melody/melodic scientist whole come up with good idea/ memory sentimental win complain picnic messy shocked work compose hit moonlight sleep (n) (art/music) composer horror story mysterious sleepy worried composition improve mystery solitude write down concert inspiration next solve a problem writer crash intrigued sonata

- 17 Prepare a talk 'Why do people sleep?'
- 18 Pair work. Tell mini-stories as shown below. Student A begins with the word Fortunately. Student B continues the same story beginning with the word Unfortunately. Student A, in his/her turn, continues, 'Fortunately...' and so on.

# Example

I looked out from the window — it was raining. Student A. I looked out from the window — it was raining. Fortunately, I could stay at home. Student B. Unfortunately, when I was having breakfast, the phone rang. I needed to go outside to visit my friend.

**Student A.** Fortunately, my friend lives not far from me.

Student B. Unfortunately, I left my umbrella somewhere yesterday.

# Beginnings

I got up at 9 o'clock — it was a weekday. I didn't buy any food on my way home. I left my umbrella in the bus.

19 Summarise the contents of the article on page 29 and give your opinion on it. Do you agree that school should start later in the morning? Are there any arguments against this?

# **VOCABULARY**

20 Complete the sentences with the phrasal verbs from the box. Remember to use the correct form of the verb. There is one extra verb.

come up with find out keep on look into stay up tidy up turn out write down

	1 The police are looking into the crime.			
2	2 I need to a good reason for being			
	late.		and every	or for being
3	Itstation!	_ that I wa		g at the wrong
4	Please	! I c	an't find	anything in
5	here! Hetimes last wee	phoning	g me — h	e rang eight
6			1.79.0	0.46
	Let's Can you phon	e the stati	on and _	
	what time the	train leav	es?	
21	Circle the 'ode	d one out'.		
1	lucky	unlucky		unsuccessful
4	creative exciting exotic modest unusual	tired boring normal mysteriou extraordi		sleepy dramatic strange shy annoying
22	Complete with Thing	the words		Word List.
1	biography			erson
	chemistry/cher		biograp	ner
3	composition	The second		Way and a starting
4	drum			
5			dreamer	

6 guitar

7 science

8 poem/poetry

Exercise 22.	four years ald 12-re
1 Jimi Hendrix was a famous singer,	four years old. I <sup>2</sup> w t in a
and composer. He's number 1 on the list of the	secondary school. We were in the teachers' room
best guitar players.	and a teacher <sup>3</sup> w t to his
2 Dmitry Mendeleev was an outstanding	girlfriend on the phone. <sup>4</sup> T he put the
SASI CHES	phone down and said, <sup>54</sup> I c b i
3 Marie Curie is the French name of the Polish	Sue says someone shot John Lennon.' I finished
Marie Sklodowska.	classes for the day and 6atI
4 Plutarch was an ancient Greek	went home and played all my Beatles and John Lennon music. It was an <sup>7</sup> u d
He wrote about the lives of Alexander the	because I felt a friend was dead.
Great and Mark Antony.	
5 Robert Dallek wrote a very good	Pete, 52
of John F. Kennedy.	08 - 120
6 Chopin was a classical	Extend your vocabulary
24 Complete the sentences with prepositions.	26 Look at the nouns which go with the verb have
1 Dorothy Wordsworth wrote <u>down</u> everything	Add four nouns or phrases.
in her diary.	a shower a meal
2 Wordsworth is famous writing poetry.	
3 Coleridge had a dream an exotic	a drink
palace.	an idea a party
4 Do you think Kubla Khan is a work	HAVE
art? seem with one process of seeding with	HAVE ALL REPORTS
5 William Wordsworth didn't live his	AND WILL
own.	an exam
6 First all, you must read Wordsworth's	and the state of t
romantic poems.	her turn, - on inviers i bellings and so of
*25Maggie and Pete both remember when they	
heard important news. Complete what they	27 Complete the sentences with phrases with ha
said. giller diffusion gassalars as south a said A	1 Sorry, Ben can't come to the phone. He's in the
A 1 It was November 1963 and we 2 w	bathroom and I think he's
e dinner with my family. A neighbour	breaking in the comment of the december of
came in and said that President Kennedy was	2 I didn't eat anything, but I
dead. I <sup>3</sup> w a ten years old, so I	of orange inice
didn't really understand, but I still remember my	3 I for my birthda
parents' faces — they were shocked and I	next week. I hope you can come.
<sup>4</sup> f frightened. <sup>5</sup> T Mum switched	4 We any this wee
on the TV news — I remember it was black and	so I'm relaxing.
white! We watched the TV for a long time, but	5 I know I an interesting
6 f Mum told me to go to bed. 7 T	last night — but I can't remember
t d I can remember exactly what	28 Read the text about George Stephenson again
I was doing when President Kennedy died!	and fill in the Fact file. Then tell his biography
The state of the s	using only the Fact file without looking at the te
Maggie, 54	FACT FILE: GEORGE STEPHENSON
The same of the sa	Born in
ment) &	Family
	Education
	Job _ERS / Bas sac as come decrease to come
	Hobby
	Inventions



- 3 Use the Past Continuous to explain the background.
- 4 Use adjectives to make your writing more interesting and to 'paint a picture' for the reader.
- 5 Use linking words to explain the relationship between the pieces of information.



- Use a new paragraph for each main
  - 2 Start by saying why the person is famous.

George Stephenson is known as The Father of the Railways. When he was born in 1781, his father was working in a coal mine. Like a lot of poor children at that time, George didn't go to school and he started working at the age of eight. While he was working, he went to evening classes and as a teenager he learnt to read and write.

He was very good at making machines and mending things, and after several years he became the coal mine's main engineer. While he was working for the coal mine, he became interested in engines and developed his ideas for his famous train engine. Finally, he left the coal mine and started working for himself.

Next, in the 1820s, he designed and built the very successful Stephenson's Rocket, a steam engine to pull trains. Then he built the first public railways. Unfortunately, the day Stephenson opened his second public railway in 1830, the Rocket hit and killed a member of the government. However, until then the fastest transport was a horse, so railways quickly became popular. There are now railways everywhere: the invention of a clever, hard-working but poor, uneducated coal miner changed the world.

- 6 End with a sentence which sums up the main ideas of the text.
- 31 Read the notes about Marie Sklodowska Curie. Add anything else you know.

# WRITING

- Read the text. Is it about:
- a the history of travel?
- b a great engineer?
- c British transport?
- 30 Find and underline:
- 1 a sentence that explains the background (paragraph 2)
- 2 two adjectives that describe George Stephenson (paragraph 3)
- 3 two linking words (paragraph 3)

- Marie Sklodowska Curie (chemist): born Poland 1867
- father teacher
- · mother and sister died when she was a child
- worked very hard sometimes forgot to eat or sleep
  age 24 went to France to study

- met Pierre Curie and they got married
  discovered the chemical elements polonium (Po) (named after Poland) and radium (Ra)
- won lots of international prizes including 1903 Nobel Prize for Physics (shared with Pierre) and 1911 Nobel Prize for Chemistry
- 32 Use the notes and your own ideas to write about her life.